



WiNUP Member Bulletin

May 2007

An Update from President Berliner



**Teri Berliner, 2007
WiNUP President**

I hope each of you is enjoying a happy and healthy spring! April showers are bringing May flowers, and May brings some significant women's events. Mother's Day is just days away, May 13th, and is also the kick-off of the 8th annual National Women's Health Week. This event's activities include National Women's Check-Up Day on May 14th. Do something thoughtful for your mom, mother-in-law, sister, daughter, aunt, grandma, friend, etc. . . . encourage her to get a health screening, especially if it has been a while. The #1 killer of women is heart disease, and these symptoms often go undetected. If there's an appointment or test that you've been putting off, use this week as the impetus to make that call!

For more information about this event, visit www.womenshealth.gov/whw.

I was fortunate to be able to attend a meeting of the West Virginia Chapter on April 4th. We had a tour of the WV Governor's Mansion and had a delicious lunch in the mansion with the WV First Lady, Gayle Manchin. She shared several fascinating (and funny) stories about her life as first lady, and she was very interested in hearing more about the mission and activities of the WiNUP organization. It was a privilege to spend the lunch hour with her, and I thank the WV Chapter for including me in the event.

Please be patient with us as we do a complete overhaul to the WiNUP website. Amanda Thatcher and Judy Smith (Ohio Chapter members) are our new "webmasters," and are in the process of revamping the website. Those of you coming to the summer board meeting will see a preview. In the meantime, our previous webmaster (Karin Schweitzer of LCRA) has agreed to update the "Members-Only" section of the web. Thanks to each of you!



Important Dates and Reminders

The summer meetings will be held **June 7th and 8th** (Thurs. and Fri.) in Columbus, Ohio. The Executive Committee will meet at 4:30 p.m. on the 7th, and the board meeting will take place on the 8th from 8:30 to noon.

International award (Power, OAK, Honorary Life, and Members-At-Large) nominations are due to the respective award chair by **June 15th**. Chapter chairs should have received an e-mail with the information.

The 2007 conference will be hosted by the Oklahoma Chapter in Tulsa, Oklahoma, **October 8-10**. The website (winup.org) contains conference details.

Thought-of-the-Month

Margaret Mead said "If we are to achieve a richer culture, rich in contrasting values, we must recognize the whole gamut of human potentialities, and so weave a less arbitrary social fabric, one in which each diverse human gift will find a fitting place."